

# GROUP FITNESS

Snap Fitness Reed Market

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www.facebook.com/SnapReedMarket

**MONDAY** NPJ Volleyball **3:45pm**

H.I.I.T. **5:45pm**

Yoga **6:00pm**

**TUESDAY** NPJ Volleyball **3:45pm**

Yoga **6:00pm**

Core and More **6:15pm**

**WEDNESDAY** NPJ Volleyball **3:45pm**

Circuit Training **5:45pm**

**THURSDAY** Yoga **7:30am**

NPJ Volleyball **3:45pm**

**FRIDAY** N/A

**SATURDAY** TRX Interval Training **9:00am**

**SUNDAY** TRX Interval Training **10:00am**

**SNAPFITNESS-24-7**

BEND REED MARKET